

June 2021

COMMANDER'S PRIORITIES

Physical Fitness Training - All 166 AW Airmen WILL participate in the Fitness Kickoff (unless on AF Form 469). Each Group will have a block time to perform pushups and sit-ups in the Fitness Center and conduct a self-paced 1 mile run/walk

WING / MAJOR EVENTS

4 June - Friday:

0800-1500, Clinic is open for Physical Exams, Bloodwork, and Vaccines by Appointment ONLY; MDG 323-3386 0900 - 1000, 9G Sync, Riley Room 1100-1200 First Sergeants Council Meeting, Wing Exec Conf room 1300-1400, Communications through Generations, Wing Executive Conference Room, Group Commanders only 1300-1400, 1st Sergeant 101 Class for Commanders Loeffel Room 1400-1500, RSD Review/Wing Staff Meeting - Loeffel Room 1500-1545, CIMB and G-Series Commander CDI Brief, Loeffel Room 1600-1630, Canine Therapy Dog (Gus) Retirement, Piggy Park

5 June - Saturday:

0800-1000, Extremism Stand-down briefings with units 1000-1100, MSG Officer and Top 3 Call, Loeffel Room 1130-1230. Chat and Chew. Loeffel Room 1300 - 1400, EQ101, Executive Conference Room 1330-1430, OPSEC Working Group, Loeffel Room 1430-1530. ATAG Outgoing Meeting with G-Series Commanders, Loeffel Room

1600-1630, Roman Catholic Mass, Bldg 2821, Meditation Room 6 June - Sunday:

0800-1500, Clinic is open for Physical Exams, Bloodwork, and Vaccines by Appointment ONLY

0900-1130, CBRN Class, CE Training Classroom, CES Building 0930-1030, ATAG Change of Command Ceremony, Loeffel Room

0930-1100, Air Force Trainer Course, Wing Staff Training Lab 1100-1130. Protestant Service. Bldg 2821. Meditation Room 1200-1500. COVID Clinic, MDG Clinic

1300-1530, CBRN Class, CE Training Classroom, CES Building 1300-1400, HRA Class Sunday, Blind Spots, Wing Exec. Conf. Room 1300-1400, CGOC Meeting, Computer Café Room

ANCILLARY TRAINING

Annual SAPR training - SARC available 5/6 June to conduct training

PROMOTIONS

Matthew Findley to 1st Lt. Eloisa G. Delacruz to Tech. Sgt. Maurice R. Price to Tech. Sgt. Jerome D. Rulewicz to Tech. Sqt William C. Turner III to Tech. Sqt. Anthony J. Ashcraft to Staff Sgt. Rebecca C. Jones to Staff Sqt. Roberto J. Parra to Staff Sgt. Isabel L. Tonkay to Staff Sqt. David A. Buchanan to Senior Airman Jourdan V. Jackson to Senior Airman Wilesia L. Nelson to Senior Airman Khari B. Whitfield to Senior Airman Selena M. Almodovar to Airman 1st Class

RETIREMENTS

Lt. Col. Robert J. Huber, Jr. Lt. Col. Kimberly Pollock Tech. Sgt. Robert A. Donaldson, III Staff Sgt. Mikhiel D. Canady

TAC week Interfly mission includes four airlift wings

By Mr. Mitch Topal, 166th Airlift Wing Public Affairs



A 166th Airlift Wing C-130H aircraft (left) is parked next to a 908th Airlift Wing C-130H on the ramp at Dobbins Air Reserve Base, Georgia in April, 2021. Loadmasters from the two units were practicing loading and unloading different types of cargo and equipment in preparation for a 2021 deployment. (Courtesy photo)

EW CASTLE AIR NATIONAL GUARD BASE, Del.- From April 11 to 16, 2021, the 166th Airlift Wing and 908th Airlift Wing from Maxwell AFB, Ala. participated in an interfly mission that was staged out of Maxwell AFB, Ala.

The purpose of TAC week was to provide multiple opportunities to hone flight skills aboard the units' C-130H Hercules aircraft by flying formations, tactical routes, airdrops, and flights with other airframes.

"Our wing has traditionally been paired with the 136th Airlift Wing out of Fort Worth, Texas, but due to some shifts in the schedule, we ended up being paired with the 908th.

It was also an opportunity for us to operate away from our home station for a week, fly in some larger formations, fly unfamiliar routes to unfamiliar drop zones, and see how other units conduct business," said Lt. Col. Jeffrey Cretz, the 142nd Airlift Squadron Director of Operations.

During one of the formation flights, the 142nd Airlift Squadron was joined by two aircraft and two aircrew from the 908th Airlift Wing and one aircraft and one aircrew from the 94th Airlift Wing from Dobbins Air Reserve Base, Georgia.

TAC Week was staged out of Maxwell Air Force Base, Ala. but flew as far north as West Virginia and as far south as Florida. One crew

see Interfly on page 2

Social Media Links:



Facebook:166th Airlift Wing





June 2021

Interfly continued from page 1



Maj Kieran Thorne, 142d Airlift Squadron Aircraft Commander, flies a visual low level route over the Alabama River while in formation with a 908th Airlift Wing C-130H aircraft. (Courtesy photo)

was able to practice landing zone procedures at Camp Branch Dirt Landing Zone (LZ), West Virginia. Other crews flew visual low-level routes in Florida. Each day of flying focused on different training requirements.

"The entire team from the 166th AW, which included aircrew members, mission support (Aviation Resource Management, Aircrew Flight Equipment) members, maintainers, and aerial porters performed exceptionally well," stated Cretz.

"Our maintainers were amazing. The airplane we brought down flew every single sortie it was scheduled for. Including the flights to and from Alabama, it flew seven missions."

Two hard-working crew chiefs, Tech. Sgt. Jeffrey Young and Senior Airman Melvin Durham, were coined by the 908th Deputy Operations Group Commander for their efforts on the morning of their departure.

"The aircrew members had numerous opportunities to fly in 3- and 4-ship formations, practice threat reactions, work on LZ operating procedures, and conduct loading and unloading operations with different types of cargo," described Cretz.

Mission readiness is the name of the game for the Air National Guard's tactical airlift units. Whether for stateside or national crises, these opportunities ensure that Airmen and aircraft are ready to deploy at a moment's notice.



Viewed from the open cargo ramp and door of a 908th Airlift Wing C-130H, three other aircraft can be seen in formation en route to the Buzz Drop Zone (DZ) in April, 2021. A 166th Airlift Wing C-130H is number two in the formation (far left). (Courtesy photo)



A 166th Airlift Wing C-130H aircraft (left) is parked next to a 908th Airlift Wing C-130H on the ramp at Maxwell AFB, Alabama. (Courtesy photo)



166th Civil Engineer Squadron Firefighter trains Iraqis while under fire in Baghdad

By Mr. Mitch Topal, 166th Airlift Wing Public Affairs

NEW CASTLE AIR NATIONAL GUARD BASE, Del. -- When a mission set changes, Airmen with the Air National Guard adapt and adjust. Such was the case when Staff Sgt. Alfred Akeroyd of the 166th Civil Engineering Squadron's firefighting section was tasked to Baghdad, Iraq after the U.S. began to pull forces from Syria, his original objective. His deployment lasted from November, 2019 to April, 2020 and his new mission was to train Iraqi aviation firefighters.

"They told me I would be an air advisor. I had no idea what an air advisor was, and it was the first I'd heard of it," joked Staff Sgt. Akeroyd.

At first, Akeroyd feared that he wouldn't be up to the task. But when he was greeted by a cadre of other air advisors – including men from NATO units in Italy, France and the U.K. – upon his arrival in Baghdad, he realized he would be working with an immensely talented group of Airmen who quickly made him feel right at home.

After a period of on-the-job training in customs and courtesies from the Iraqis, Staff Sgt. Akeroyd got to work.

"I knew nothing about what to do, what not to do, what to say, what not to say. So, it was 'go ahead and learn along the way.' But, you know, my fellow Arab officers really helped me out with that," described Akeroyd.

Earning each other's respect was one thing that had to be established right away. The Iraqi firefighters wanted to test Staff Sgt. Akeroyd, to see if he "knew his stuff." And Akeroyd needed to see if the Iraqis had been properly trained at all.

"You have to remember the way that they run their operations isn't exactly how we run our operations. They don't have any safety precautions. I mean, these guys are jumping into the back of a pickup truck to head out to the fire," said Akeroyd.

That's when the staff sergeant earned the Iraqis respect by getting down and dirty. He showed them the correct way to use their equipment, and later challenged them to a contest to see who would be the fastest to don and ditch their gear. And any time he asked his Iraqi counterparts to do something, he did it with them, including fire ground techniques, offensive and defensive firefighting operations.

"They were very eager to learn and looked forward to our time together. They even let me stay for lunch and made me feel right at home," said Akeroyd.

As far as firefighting equipment, the Iraqis had two P-19 firetrucks and an assortment of personal protective gear and support vehicles. However, their personal gear was in poor condition with plenty of rips and tears. Akeroyd had to explain that defective gear could easily lead to injury or death while fighting a fire.



Staff Sgt. Alfred Akeroyd, 166th Civil Engineering Squadron firefighter (U.S.Air National Guard photo by Mr. Mitch Topal)

At this point, he asked the Iraqis to perform a complete inventory of their equipment to see what was serviceable and what was not. Fire-fighter operations must include equipment inventory and inspections to assure safety. To his surprise, while performing the inventory the Iraqis led Staff Sgt. Akeroyd to an upstairs room that was filled with brand new gear.

"You'd think that they'd be wearing their new gear rather than the tattered old stuff," bemoaned Akeroyd.

The Iraqis explained how difficult it was to appropriate new gear so they pushed the old gear well beyond its lifespan. Akeroyd thought nothing of lending them some of his own gear – gloves and other items, which they deeply appreciated.

Every morning, Staff Sgt. Akeroyd would meet with the other air advisors at their base office before heading over to the Iraqi side. Most days he would be at their fire department, spending time learning their language and attempting to determine the extent of their firefighting knowledge and skills.

To make it interesting and to keep the Iraqis enthused, Staff Sgt. Akeroyd created a turnout gear challenge to see how fast they could don all their gear. He had an extra multipurpose tool that he offered as a prize for the winner.

"They had a great time doing it, so I challenged their fastest guy and he beat me. I didn't mention that he totally cheated. He'd already fastened some of the buttons and zippers before we got started. I let it

See Firefighter on page 4





go because they were having so much fun while learning in the process," disclosed Akeroyd.

A particularly amusing incident happened during one of their gear turnout drills. After donning their gear, the Iraqi firefighters waited for Staff Sgt. Akeroyd to inspect them.

"A lot of them had their masks on wrong, and one guy forgot to pull his pants up. So I asked him, 'Are you sure you're done?' and he said, 'Yeah, yeah.' We all got a big laugh over it and even took a picture."

Throughout Staff Sgt. Akeroyd's deployment, the American airbase was the target of occasional volleys of indirect fire (IDF) from rebel extremists. The hit and run attacks increased substantially in December and January, which put a damper on training. On January 3rd right outside Baghdad Airport, a U.S. drone strike killed Qasem Soleimani, the Iranian major general who was thought to be behind the attacks,

"I actually heard the whole thing – it was right down the street. So, that kind of

Firefighter continued from page 3

kicked off a lot of stuff. That's when they started accurately targeting things. And once they did that, we weren't allowed to go out and do our mission," explained Akeroyd.

The air advisors attempted to restart the training process, but as tensions in the area rose, firefighter training was suspended.

A short while later, the Americans started to break down the base. Staff Sgt. Akeroyd laments that he never had a chance to say goodbye to his Iraqi cohorts.

"It was great to utilize so much of my talent and be able to give that back. Overall, it was just a great experience, but sometimes a little scary."

When called upon for a dangerous mission, the firefighters of the 166th Civil Engineer Squadron face it head on with no hesitations. With a new mission set, Staff Sgt. Alfred Akeroyd, alongside his NATO counterparts, provided valuable training to Iraqi aviation firefighters that will not only save lives, but solidified the bonds that exist between firefighters everywhere.







The Adjutant General Delaware National Guard

requests the pleasure of your company at a Change of Command ceremony, at which

Brigadier General Wendy B. Wenke will relinquish command of the Delaware Air National Guard to Brigadier General Kenneth M. Haltom

Sunday, the sixth of June at half past nine o'clock in the morning

~

* For safety purposes due to COVID-19 the ceremony will be broadcasted live at the provided date and time on Facebook. No RSVP is required.

Event Link:

www.facebook.com/delawarenationalguard

*** For those participating in the ceremony ***
Military Attire: Duty uniform
Civilian: Business casual

1867H AIRLIFT WING

THE DANG TRUTH

discrimination
slights unintentional snubs POC
disabled racism demeaning
social violence cultural appropriation dismissals intentional
microaggression stressful SBTQ hostile Woc
verbal subtle
negative messages
psychic violence

physical violence
discrimination
people of color
snubs POC
disabled racism demeaning
demeaning
intentional
trace persons
linearies prejudicial
trace persons
linearies prejudicial
derogatory
society
negative messages
psychic violence

Microaggressions

SMSgt Joe Neisser, 166th Airlift Wing Human Resource Advisor



SMSgt Joe Neisser, HRA 166th Airlift Wing

n today's world we are experiencing new social definitions all the time. If you haven't herd of the term Microaggressions, please read on and we will cover this topic.

Microaggression is a term used for brief and commonplace daily verbal, behavioral or environmental slights, whether intentional or unin-

tentional, that communicate hostile, derogatory, or negative attitudes toward stigmatized or culturally marginalized groups.

Microaggression can take on many forms, and often times with the best of intentions. Some examples include:

- Telling a woman she should smile.
- Referring to something you don't like as "gay."
- Someone clutching his or her purse when a person of color walks by.
- Assuming a person of color doesn't know English.
- The phrase "no, but where are you REALLY from?"
- An able-bodied person using a bathroom stall reserved for someone who is disabled.

- Telling someone who identifies as bisexual that they are being "greedy" or assuming that it's just a transitional period before becoming gay.
- Asking a trans-identified individual about their body parts.

Microaggressions are brief and common. Often, they are not given much attention by those who commit them but could potentially have long-lasting effects.

How do you avoid microaggressions?

The truth is that the only way to avoid microaggressions is by arming yourself with knowledge about the subject. It is important to reflect on your own prejudices in an effort to foster empathy and minimize harmful comments or behaviors. Ultimately, it is up to every individual to minimize the frequency of microaggressions through empathy, knowledge, and awareness of our own biases.

Microaggressions are unpleasant; they point out differences, stereotypes and belittle the recipient. We may be on the receiving end or we may inadvertently use microaggressions. But what's important is that we educate ourselves to be aware that they exist and to avoid using them altogether.

Now that we understand a little more about Microaggressions, take some time to keep an ear out for them and address them when they occur.



Physical Fitness Kickoff

5-6 June 2021

Optional Warm Up: E.g., Squats, Arm Circles, Lunges, Stretching

Fitness Events:

- 2. Push Ups: 1 minute timed
- 3. Sit Ups: 1 minute timed (Toe bars available in gym).
- 4. <u>Self-paced Walk / Run:</u> Location: Behind Bldg. 2822 -2833 (In front of the White Tents)

4 Laps = 1 Mile



Rules of Engagement (ROE):

- All 166 AW Airmen <u>WILL</u> participate in Fitness Kickoff (unless on AF Form 469).
- Air Force PT uniforms ARE REQUIRED.
- Masks <u>WILL</u> be worn entering/exiting the gym.
- Masks <u>WILL NOT</u> be required while a member is performing one of the fitness events above. However, a mask <u>WILL</u> be required if someone is holding your feet during the 1 minute sit up portion.

Items to Bring:

- Air Force PT uniform
- Water
- Face Mask
- Towel (optional)
- Personal Mat (optional)

Group/Squadron/Unit Time Slots

Saturday, 5 Jun 2021:

AW/MDG (AW, MDG, CPFT)	1000 - 1300
OG (OG, OSS, AS, AES, COS)	1300 - 1530

Sunday, 6 Jun 2021:

MSG (MSG, LRS, CES, COMM, SFS, FSS)	0800 - 1200
MXG (MXS, MOF, AMXS, MXG)	1400 – 1500

Any Outliers (Members who were 1500 – 1600 unavailable during their unit's time block)

^{*} Reminder this is a Physical Fitness readiness event, it is NOT an official test and will NOT be scored*





Welcome back deployers!

U. S. Air Force Tech. Sgt. Kevin Miller, U. S. Air Force Senior Airman Bennie Manuel, and U. S. Air Force Airman Amil Williams of the 166th Airlift Wing return to Delaware from their deployment in Washington, DC, May 26, 2021. These three Airmen participated in Operation Capitol Response which provided support to the U.S. Capitol Police following the events of January 6 and the Presidential Inauguration.





June 2021

DEALING WITH DEPLOYMENT

COPING STRATEGIES: PREPARE & PLAN AHEAD

- PREPARE FAMILY MEMBERS
- Tell all of your family members details of the separation
- Use pictures, calendars, maps or globes to Locate military member's destination
- COMPLETE YOUR PERSONAL READINESS PLAN
- Make sure all bank accounts are joint accounts
- HAVE CURRENT ID CARDS CHECK EXPIRATION DATES
- Make sure that wills and powers of attorney are current.

Let's discuss further! Contact

Cynthia Chestnut, Ph.D., LMFT Military & Family Life Counselor (MFLC)

C: 302-222-0429 O: 302-323-3310

chestnutc@magellanfederal.com



CHAT AND CHEW WITH COMMAND CHIEF ROBBIN MOORE



WHO:

YOU, ME, & THE 166 AW CARE TEAM: CHAPLAIN, DPH, A&F READINESS, HRA, EO

WHAT:

LET'S CHAT... WHAT'S ON YOUR MIND HAVE YOUR VOICE HEARD PROBLEMS AND SOLUTIONS - LET'S WORK IT OUT

WHERE:

LOEFFEL ROOM, BLDG 2600

WHEN: SAT, 5 JUN 1130-1230







Progressive Discipline

Master Sgt. Sonia V. Walls, DE ANG NCOIC - Paralegal

Progressive Discipline consists of supervisors properly documenting misconduct, deviations from standards, and rehabilitation efforts, and increasing the level of discipline when a member continues to fail to meet standards. The purpose of progressive discipline is to rehabilitate members and to promote good order and discipline. In general, Commanders and supervisors progress through disciplinary options starting with the lowest appropriate sanction. However, each situation is unique and the facts may warrant the most severe sanction or punishment available, including demotion, discharge, non-judicial punishment (Article 15), or Court-Martial.

What are the levels of administrative progressive discipline?

• Verbal Counseling – The lowest level corrective



Active Duty and New Hampshire Air National Guard Senior NCOs complete mock letters of reprimand during the first legal boot camp training at Pease Air National Guard Base, N.H. March 4. The class was hosted by the Judge Advocate General's office to help Senior NCOs use the best method of discipline to handle difficult situations. (U.S. Air National Guard photo by Airman Victoria L. Nelson)

- Records of Individual Counseling (RIC) Recorded on AF Form 174, can document positive or negative counseling sessions. Used either to record a verbal counseling session or as written counseling
- Letter of Counseling (LOC) Administrative censure for violation of standards. A form of corrective action for bad habits or shortcomings.
- Letter of Admonishment (LOA) More severe than an LOC or RIC. Can be used to document a first offense when appropriate, or to address behaviors not corrected through counseling.
- Letter of Reprimand (LOR) More severe than a RIC, LOC, or LOA. Indicates a stronger degree of official censure. May also be issued when other, less severe methods have failed to correct behavior.
- * Issuing authorities, especially new supervisors, are encouraged to seek assistance from the supervisory chain, senior enlisted leader, first sergeant, and the legal office prior to administering RICs, LOCs, LOAs, or LORs to the member.
- * Members who receive adverse administrative paperwork or encourage to seek advice from base defense counsel. Commanders will provide defense counsel contact info when issuing disciplinary sanctions.

Reference: AFI 36-2907, Adverse Administrative Actions, dated 22 May 2020



June 2021

June 2021

Sexual Assault Prevention & Response Consens

What is consent?

Words or overt acts indicating a freely given agreement to the sexual conduct at issue by a competent person. Lack of verbal or physical resistance or submission resulting for the use of force, threat of force or placing another person in fear does not constitute consent.

HOW DO YOU RECOGNIZE NON-VERBAL COMMUNICATION?

Remember, an absence of "no" does not mean "yes."

Here are some ways that your partner's body language can let you know that you do <u>NOT</u> have consent:

- Not responding to your touch
- Pushing you away
- Holding their arms tightly around their bodies
- Turning away from you or hiding their face
- Stiffening muscles
- Tears



Stephanie Davis

Sexual Assault Response Coordinator (SARC)
166 Airlift Wing

Cell: (302) 250-1802 Office: (302) 323-3504 stephanie.davis.13@us.af.mil





June 2021

GUS', DE NG CANINE
THERAPY DOG,
RETIREMENT
GATHERING
04 JUNE 2021, 1600
PIGGY PARK
(RAIN OR SHINE)
ALL ARE WELCOME!

Gus would like to thank each and everyone one of you for your pats, biscuits, Facebook following, and fist bumps. He will miss you. He has logged over 1200 hours of work and enjoyed it all.

Remember, Resiliency is HC, Happy Corgi!!!

Updated 30 April 2021



FROM THE BASE CHAPLAIN CORPS THE FOLLOWING RELIGIOUS SERVICES ARE AVAILABLE: SATURDAY AND SUNDAY - MAY 2021 RSD

ALL SERVICES IN MEDITATION ROOM, BLDG 2821, SUPPLY BLDG 1600 (SATURDAY) - ROMAN CATHOLIC MASS

1100 – 1130 (SUNDAY) PROTESTANT SERVICE

OTHER QUESTIONS CALL CHAPLAIN DUTY PHONE: 302-463-6883



hose are dark chouds,

"Yes, but they will move on."

Said the horse, "the blue
Sky above never leaves."

THE DANG TRUTH



FAREWELL,
IT HAS BEEN A GREAT RIDE. I AM BETTER FOR
HAVING BEEN AT THE DANG. I HAVE
LEARNED, LAUGHED, LAMENTED, AND LOVED.
GOD HAS SHOWN THROUGH IT ALL. THANK
YOU FOR YOUR KINDNESS!

GUS AND I WILL MISS YOU.

PEACE AND JOY ABUNDANTLY, CH TULLOCH





WING SAFETY

Safety Management System (SMS)

Building Blocks for an Effective Safety Culture By Kathaleen Cassedy, BS OSH

The Air Force continues to have a significant share of injuries, and equipment damage amongst their units. Although our troops are improving the Unit's Safety Management System, establishing realistic policies, training, and procedures there is always room for improvement.

Operational excellence is defined as doing the right thing, the right way, and every time even when no one is watching (Jazayeri, Liu, Dadi 2019). Operational excellence is in all we do as safety and health supervisors. The measuring of process and/or task performance is essential to providing a safe and healthy working environment for our Members/employees.

Supervisors, functional managers, and superintendents own the direction and momentum of where their work centers operational excellence will go, how it will get there, and the impact on their staff and the Air Force.

Work center supervisors, either administrative (like here with Wing Staff), or industrial/construction should absorb their safety culture, own it, develop and support safety culture.

Using operational excellence to provide the work center balance is a right thing to do.

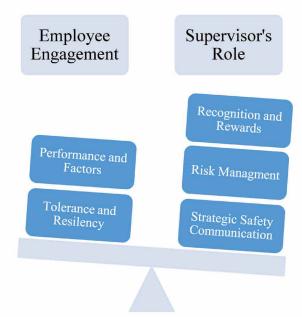


Figure 1. Operational Excellence Balance

Jazayeri, E. & Liu, H. & Dabi, G. (2019) Utilizing operational excellence as a building block to support Safety Management building your safety culture. *Prioritizing Components of Safety Management Systems*. 1/15. Retrieved at www.assp.org.